

17/11/63	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Motherwell YMCA	27:52	3	59:24	5	1:22:10	3	1:52:00	3	2:19:52	3	2:52:22	1	3:20:31	1	3:45:31	1
	AP Brown	27:52	I McCafferty	31:32	W Marshall	22:46	AH Brown	29:50	D Simpson	27:52	J Linaker	32:30	R McKay*	28:09	G Henderson	25:00
2 Edinburgh Southern H	27:51	2	57:35	1	1:20:04	1	1:50:38	1	2:18:48	1	2:53:40	3	3:22:04	2	3:47:16	2
	HB Clegg	27:51	A Heron	29:44	A Ross	22:29	DF Macgregor	30:34	G Brownlee	28:10	K Ballantyne	34:52	GM Brown	28:24	J White	25:12
3 Aberdeen AAC	28:49	9	58:35	2	1:21:24	2	1:51:19	2	2:19:49	2	2:52:46	2	3:23:17	3	3:48:01	3
	I Donald	28:49	M Edwards	29:46	J Duffy	22:49	S Taylor	29:55	AD Whiting	28:30	AJ Wood	32:57	A Howie	30:31	I Duncan	24:44
4 Shettleston H	28:12	5	59:14	4	1:22:43	5	1:55:06	6	2:24:55	6	2:59:41	6	3:28:47	4	3:54:29	4
	L Meneely	28:12	G Everett	31:02	G Kay	23:29	IC Donald	32:23	G McIver	29:49	H Summerhill	34:46	W Scally	29:06	RC Wallace	25:42
5 Edinburgh University	29:36	12	59:01	3	1:22:27	4	1:54:49	5	2:24:16	4	2:58:40	5	3:28:54	5	3:55:35	5
	G Evans	29:36	AF Murray	29:25	D McDonald	23:26	R Carroll	32:22	C Elson	29:27	R Young	34:24	R Gamwell	30:14	J Grant	26:41
6 Glasgow University	29:01	11	1:00:04	7	1:23:02	6	1:54:39	4	2:25:27	7	3:00:13	8	3:30:13	7	3:55:46	6
	RG Hartley	29:01	C Laing	31:03	B Scobie	22:58	RT Hodelet	31:37	D Shepherd	30:48	W Faulds	34:46	RF Clarke	30:00	J Bogan	25:33
7 Victoria Park AAC	28:56	10	1:02:59	16	1:26:16	13	1:56:48	11	2:26:15	8	2:59:54	7	3:30:10	6	3:55:49	7
	R Lees	28:56	A Smith	34:03	R Kane	23:17	J McLaren	30:32	R Calderwood	29:27	W Kerr	33:39	W Lees	30:16	P McLagan	25:39
8 Teviotdale H	28:24	7	1:00:43	8	1:23:54	8	1:55:11	7	2:24:18	5	2:58:27	4	3:30:50	8	3:57:10	8
	WB Mather	28:24	JC Douglas	32:19	J Hamilton	23:11	JR Wilson	31:17	G Meikle	29:07	RK Hartley	34:09	A Roden	32:23	A Douglas	26:20
9 Edinburgh AC	30:04	14	1:01:22	11	1:24:47	9	1:56:41	9	2:28:27	10	3:04:56	10	3:35:10	10	4:00:49	9
	RA Henderson	30:04	A Carse	31:18	R Pryor	23:25	WH Watson	31:54	W Chalmers	31:46	S Ramage	36:29	W Carcas	30:14	N Donnachie	25:39
10 Dundee Hawkhill H	28:01	4	59:28	6	1:23:42	7	1:55:28	8	2:26:39	9	3:03:03	9	3:34:48	9	4:01:00	10
	R Coleman	28:01	J Barrie	31:27	J McLean	24:14	W Kennedy	31:46	R Oliver	31:11	D McLean	36:24	J Simpson	31:45	B Morrison	26:12
11 Bellahouston H	30:54	18	1:03:33	18	1:27:40	16	1:59:37	15	2:28:54	11	3:05:44	11	3:35:17	11	4:02:06	11
	F Cowan	30:54	B Goodwin	32:39	N Wilson	24:07	R Irving	31:57	R Penman	29:17	D Dickson	36:50	J Irvine	29:33	J Currie	26:49
12 Springburn H	28:29	8	1:00:43	9	1:25:06	10	1:56:41	10	2:29:04	12	3:05:51	12	3:37:59	12	4:04:18	12
	D Tees	28:29	M Logie	32:14	R Lockhead	24:23	I Young	31:35	J Crawford	32:23	T O'Reilly	36:47	T Craig	32:08	D Wilmoth	26:19
13 Clydesdale H	30:10	16	1:02:38	15	1:26:45	15	1:59:26	14	2:30:11	15	3:06:35	13	3:38:44	13	4:05:56	13
	G White	30:10	C O'Boyle	32:28	R Shields	24:07	B McAusland	32:41	P Younger	30:45	J Maclachlan	36:24	P Balance	32:09	J Wright	27:12
14 Greenock Wellpark H	31:56	19	1:06:02	20	1:31:00	20	2:04:08	19	2:34:31	17	3:10:34	16	3:41:42	15	4:08:17	14
	P Bottomley	31:56	G Wilson	34:06	K Shepherd	24:58	P McConnachie	33:08	T Stevenson	30:23	T Stevenson	36:03	G King	31:08	C Aitken	26:35
15 St Andrews University	28:18	6	1:01:24	12	1:25:48	12	1:58:15	13	2:29:43	13	3:07:52	14	3:40:34	14	4:08:16	15
	R McKean	28:18	D Jeffery	33:06	R Cutcliffe	24:24	D Sagar	32:27	R Bridgen	31:28	D McLardy	38:09	A Haworth	32:42	J Davies	27:42
16 Monkland H	27:20	1	1:01:39	13	1:25:42	11	1:58:10	12	2:30:11	14	3:08:02	15	3:41:38	16	4:09:20	16
	JR Johnstone*	27:20	J Kinnin	34:19	J Grant	24:03	T Callaghan	32:28	C Ballentyne	32:01	W McBrinn	37:51	G Hare	33:36	D McKirdy	27:42
17 Greenock Glenpark H	31:56	20	1:04:24	19	1:29:27	19	2:06:03	20	2:36:34	20	3:14:00	18	3:46:35	18	4:13:32	17
	J Spence	31:56	W Murray	32:28	D Childs	25:03	I Hopkins	36:36	R Cox	30:31	A MacLean	37:26	I Gillespie	32:35	J Sheridan	26:57
18 Larkhall YMCA	29:45	13	1:02:25	14	1:27:48	17	2:01:50	16	2:34:32	18	3:12:02	17	3:45:32	17	4:15:18	18
	W Morrison	29:45	B McRoberts	32:40	T Reid	25:23	D Carter	34:02	G Flynn	32:42	D Gebbie	37:30	G Leggate	33:30	J Monie	29:46
19 Maryhill H	30:08	15	1:03:14	17	1:28:17	18	2:02:12	18	2:34:37	19						
	B Morrison	30:08	R Steveson	33:06	H Canning	25:03	S Yuill	33:55	J Farrell	32:25						
20 Vale of Leven AC	30:18	17	1:01:14	10	1:26:36	14	2:02:02	17	2:32:34	16						
	C Watson	30:18	L Stewart	30:56	G Crighton	25:22	A Mackay	35:26	H McErlean	30:32						
Stage Records	J Johnstone	27:20	J Linaker	28:54	J Campbell	21:31	A H Brown	28:51	GE Everett	26:38	W Kerr	32:25	R McKay	28:09	K Ballentyne	24:10
	Monkland H	1963	Motherwell YMCA	1961	Shettleston H	1961	Motherwell YMCA	1962	Shettleston H	1960	Victoria Park	1961	Motherwell YMCA	1963	Edinburgh SH	1961